Tortillas for the gods: a symbolic analysis of Zinacanteco rituals. For nearly 20 years, the author observed rituals in Zinacanteco society Chiapas, Mexico. Those rituals organize life into a four stage cycle. The author's approach was to observe the rituals closely and document them through his own experiences. The book is a comprehensive analysis of Zinacanteco rituals, offering insights into the beliefs and practices of the Zinacantecs, a Tzotzil-speaking community in Mexico.

The book is divided into several parts, each focusing on different aspects of Zinacanteco rituals. The first part discusses the ritual cycle, which is divided into four stages: the preparation, the performance, the celebration, and the reflection. The author explains how these rituals are performed and how they are connected to the daily lives of the Zinacantecs.

The second part of the book is dedicated to the role of food in Zinacanteco rituals. The author emphasizes the importance of tortillas, which are made from maize and are a staple food in Zinacanteco culture. He explains how tortillas are used in the rituals and how they represent the connection between the gods and the community.

The third part of the book discusses the relationship between Zinacanteco rituals and the environment. The author explores how the rituals are connected to the natural world and how they are influenced by the changes in the environment. He also discusses the role of the gods in the Zinacanteco culture and how they are perceived by the community.

Finally, the book concludes with a discussion of the future of Zinacanteco rituals. The author emphasizes the importance of preserving these traditions and suggests ways in which they can be maintained.

Overall, Tortillas for the gods is a valuable resource for anyone interested in the study of Zinacanteco rituals and their cultural significance. The author's detailed observations and descriptions provide a unique and insightful perspective on the rituals and their role in Zinacanteco society.