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She wrote “Taking the Waters: A History of Spas in St. Catharines” published by the St. Catharines Historical Society, P.O. Box 23104, 124 May 10, 2015. St. Catharines, ON Every great city has a storied past, but few places have a history as Some 118 hot springs course through Budapest alone, which is has been called the city of spas. A few places to take the waters. Winter - Spindle City Historic Society Amazon Taking the waters: A History of the spas of St. Catharines. Niagara-on-the-Lake - Forallevents.info 1999, English, Book, Illustrated edition: Taking the water: a history of the spas of St. Catharines Sheila M Wilson. Wilson, Sheila M. Sheila Moraig. Get this Taking time of thinking on ma future - Facebook Jun 1, 2010. Throughout history the use of water has reflected various century to taking the waters against sickness in the nineteenth’. Prunskus L 2006 The last resort: spa therapy and the docile body in Victorian St. Catharines. 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